



## PRESS RELEASE

**FOR IMMEDIATE RELEASE:**

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### **BARBARA VANKIRK NAMED THE PARENTAL STRESS CENTER'S 2009 FRIEDA G. SHAPIRA FRIEND OF THE FAMILY!**

**December 8<sup>th</sup> 2009, Pittsburgh, Pennsylvania:** Barbara VanKirk, President and Owner of IQ Inc. a technical consulting and software engineering company located in Murrysville, Pennsylvania, was named the 2009 Friend of the Family by the Parental Stress Center of Pittsburgh.

The Friend of the Family Award was first introduced in 2000 to acknowledge community leaders who demonstrate a passion for preventing child abuse and neglect through their careers, volunteer efforts and/or financial contributions. In 2003, the award was renamed the Frieda G. Shapira Friend of the Family Award to memorialize Ms. Shapira's life-long commitment to effecting lasting change throughout the region. Previous winners include: Frieda G. Shapira (2000), Elsie Hillman (2000), Maurice B. Cohill, Jr. (2001), James C. Roddey (2002), David Newell (2003), Aaron A. Walton (2004), Dr. Stephen J. Bavolek (2005), Timothy P. Snyder (2006), Gwendolyn J. Elliott (2007), and Antonio F. Dias (2008).

The Parental Stress Center's mission is "to prevent child abuse and neglect. This is accomplished by providing education, counseling and supportive services to families and caregivers in southwestern Pennsylvania." To learn more about the Parental Stress Center of Pittsburgh and/or to make a donation please visit their website at [www.pscfamily.net](http://www.pscfamily.net).

Barbara VanKirk established IQ Inc. in 1994 to provide expert consulting, staffing, project management and software engineering services to companies with Information Technology and software needs. IQ Inc. is a certified Women's Business Enterprise (WBE) and Disadvantaged Business Enterprise (DBE) through the Commonwealth of Pennsylvania and a certified Minority Business Enterprise (MBE) through the Port Authority of Allegheny County. IQ Inc. continues to benefit from steady growth and success under Barbara's leadership and celebrated its 15<sup>th</sup> year in business in October 2008. To learn more about IQ Inc. and our services please visit [www.IQ-Inc.com](http://www.IQ-Inc.com).

*If you would like more information about this topic, or to schedule an interview, please contact  
Jaclyn Livengood at 724.327.3441 or e-mail [Jackie@IQ-Inc.com](mailto:Jackie@IQ-Inc.com).*

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